

Mini Pak Fok Calendars

**Horse Racing Calendars** 







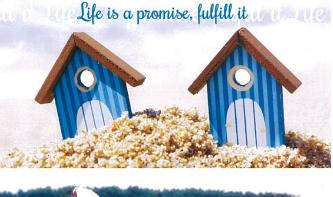






















Calendar Stand : 12 x 26 cm
Calendar Size : 12 x 22.2 cm
Adv Space : 12 x 3.7 cm
Adv Text Area : 10 x 2.7 cm
Pages : 7 sheeters







































6801

## Believe in Yourself! 相信自己!



Calendar Specification

 Calendar Stand
 : 15.2 x 21.5 cm

 Calendar Size
 : 15.2 x 17.5 cm

 Adv Space
 : 15.2 x 4 cm

 Adv Text Area
 : 13.2 x 3 cm

 Pages
 : 7 sheeters





















## Eat Healthy! Be Healthy! 吃的健康!身体健康!



 Calendar Stand
 : 15.2 x 21.5 cm

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### Tomato

Are one of the low-calorie vegetables; hold just 18 calories per 100g. They are also very low in any fat contents and have zero cholesterol levels. Nonetheless, they are an excellent sources of antioxidants, dietary fiber, minerals, and vitamins.



### Garlic

Garlic is a powerful disease fighter that can inhibit the growth of bacteria, including E. coli. Allicin, a compound found in garlic, works as a potent anti-inflammatory and has been shown to help lower cholesterol and blood-pressure levels.



#### Green Apple

The fiber composition in Green Apples helps in Digestion and cust down the vulnerability to Colon Cancer it doesn't contain Cholesteol which can help you maintain your calone strict diet regime for weight loss, it contain camparative) less proportion of Fructose content than the Red Apples, which can allow consumption by Diabetic Petients.



### Bean

Eating a serving of legumes (beans peas, and lentils) four times a week can lower your risk of heart disease by 22%. That same habit may also reduce your risk of breast cancer.



#### Hone

It has anti-inflammatory effects and ability to soothe coughs has led to the betief it. can also reduce seasonal allergy symptoms. It is an excellent, source of all-natural energy at Jost 1/9 of carbohydrates per labelepoon. The sweet necar is loaded in antiandants that may help present cellular damage and loss within the brain.



#### Sweet Potal

One red potato contains 66 mg o cell-building folate — about, the same amount found in one cup o spinach or brocoil. One sweet potaw has almost eight times the amoun of cancer-fighting and immune boosting vitamin A you need daily.



#### Yogurt

stomach. The probiotics (beneficial bacteria) in some yoguris bălance, the microflora in your gut, which cain aid with digestion as well as keep you regular. Consuming fat-free and lowfat yogurt may help lower your risk of developing high blood pressure.



#### Brock

One medium state of blockin characteristics of the more than 100% of your daily vicaminit requirement and almost 200% of your recommended daily doke of witamin C — two essential bone building nutrients. The same serving also helps stave off numerous cancern



#### Lemo

st one lemon has more than 100% your daily intake of vitamin C, nich may help increase "good" HDL olesterol levels and strengthen nes. Citrus flavonoids found inmons may help inhibit the owth of cancer cells and act as an and information.



#### Dark Chocolate

ust one-fourth of an ounce daily can educe blood pressure in otherwise sealthy individuals. Cocca powder is tich in flavoroids, antioxidants shown to reduce "bad" LDL cholesterol and increase "good" HDL levels.



## Let's Go Japan & Korea 让我们去日本和韩国



Calendar Stand : 15.2 x 21.5 cm : 15.2 x 17.5 cm

























## Horoscope +二星座



Adv Space : 15.2 x 4 cm Adv Text Area : 13.2 x 3 cm Pages : 7 sheeters



## Astounding Landmarks 著名胜地

JANUARY 2016							
week	SUN 31	MON	TUE				AT
	+-9#=				+	1 	2 -Atta
1	<b>3</b> +-月廿四	4 +-яна	5 +-A#A	6 +-A#+	7	8 +-But	9
2	10	11 += A	12 +=Bin=	13 += Bang	14 += Hint	15	16
3	<b>17</b>	<b>18</b>	19	20	21	122	23
4	24		<b>26</b>	<b>27</b>	<sup>+=</sup> 8+=	<sup>+=R+=</sup> 29	30

DECEMBER 2015 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27

Calendar Specification

Pages

Advertisement space

: 15.2 x 21.5 cm : 15.2 x 17.5 cm Calendar Size Adv Space : 15.2 x 4 cm : 13.2 x 3 cm Adv Text Area

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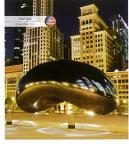






Burj Khalifa Dubai, U.A.E.





















## Something Wonderful 花之物语



Calendar Specification

Pages

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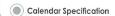


## 



Advertisement space





 Calendar Stand
 : 15.2 x 25.5 cm

 Calendar Size
 : 15.2 x 21.5 cm

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## You Only Live Once 你只活一次























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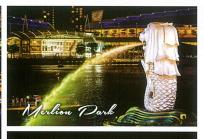


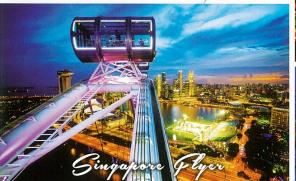


## Our Singapore 我们的新加坡























## Think Big. Think Beyond. 超越梦想



 Calendar Stand
 : 19 x 21.8 cm

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February 2016

## **RIGHT TALENTS**

All of us do not have equal talent, but all of us should have an equal opportunity to develop our talents.

John F Kennedy



March 2016

## **SOCIAL MEDIA**

Opportunities in social media seem endless, the best do not seek to disrupt conversations but to integrate - to add something useful and compelling.

Unknown



April 2016

### **RISK MANAGEMENT**

The first step in the risk management process is to acknowledge the reality of risk. Denial is a common tactic that substitutes deliberate ignorance for thoughful planning.

Charles Tremper



May 2016

CREATIVE THINKING

Creativity involves breaking out of stablished patterns in order to look at things in a different way.



September 2016

### STRATEGY

xecution is a specific set of behaviors and techniques that companies need a master in order to have competitive dvantage. It's a discipline of its own,



June 2016
MAGNANIMITY

onest fowards ourselves and fowards anyone else who is our friend; brave fowards the enemy; magnanimous towards the defeated; pol IIe-ahways; this is how the four cardinal virtues want us to act, Friedlich Netzsche

July 2016

**TEAMWORK** 



October 2016

#### SALES ACCELERATION

Nobody is going to buy from you because you have a quota to meet, ney are going to buy from you because they see value in doing so. Bob Burg



November 2016

#### INNOVATION

leve in innovation and that the w get innovation is you fund resear and you learn the basic facts, & Gotes



December 2016

### WORK LIFE BALANCE

It's all about quality of life and finding a happy balance between work and friends and family.

Philo Green



August 2016

FINANCIAL PLANNING

No matter how much you earn,
new remember to divide it into

No matter how much you earn, always remember to divide it into five parts proportionately. Always make youself useful.

## A Touch of Tranquility 宁静中的美



















## Simple Living for You 简单就是美



Pages

: 7 sheeters





















## The Promise of Joy 欢乐的承诺



Pages

: 7 sheeters



### February 2016

Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance.

我的弟兄们, 你们落在百般的试炼中, 都要以为大喜乐。因为知道你们的信心 经过试验就生忍耐。

James | 雅各书 1:2-3



### March 2016

Do not be grieved, for the joy of the LORD is your strength. 你们不要忧愁,因靠耶和华而得的 喜乐是你们的力量。

Nehemiah | 尼希米记 8:10



### April 2016

He will yet fill your mouth with laughter and your lips with shouts of joy.

他还要以欢笑充满你的口,以欢呼充满你的嘴。

ob | #1/60 0 . 0



May 2016 Rejace in the Lord always: again I will say, rejained 你可要由主席者后来。 我所述,你可要有些。 Philopians (國際世界 4:4



September 2016 is is the day which the LORD has mode; Let us rejoice and be glod in it. 设是斯特伦的日子。 我们在其中实现代度。 Poom 「明期、18:24



June 2016
Now may the Gold of hope Blyou with all joy and placed in believing, so lay out of the Market of the power of the Market of the Mark



October 2016

But the fruit of the Sport is love, pay, peop observance, kindness, goodness, toilhuiness, geniteness and self-control Appinst such things there is no low. 

和并代码图子及LS、多、子文、图制、图图、图、图、图、图、图、图、图、图、图、图、图、图、图和图》。

Goldness 1 形式图 5: 22-23



July 2016
The Lord has done great things for us, and we are filed with joy.
EAS JARVID (大多: 宋红秋水泉。
book 1 8年 126:3



November 2016

Restore to me the joy of your salvation and grant me a willing spirit. To sustain me. 求作校授支持特殊超過多多。 重新有乐意的英文持改。 Prolin | 計畫 51 c 12



August 2016
A cheerful look brings by to the heart-good news mokes for good health 國際政策及人民義。 東京政策等及組。 Provided 第3 13:30



December 2016

You make known to me the path of the you will dis me with joy layeur presence, with elemal pleasures of your right hand, 多是完全的政策实现。在实现各有 演走回音乐。在的现在于中化之过的概念。 Point | 原質 16:11





# Good Luck!

#### - HONGBAO (RED PACKETS) -

Chinese people love the colorred, and regard red as the symbol of energy, happiness and good luck. Sending red packets is a channel for sending good wishes and luck. The significance of red packets is the red paper, not the money inside. Wrapping money in red packets is hoped to bring more happiness and blessing to the receivers.



# Good Luck!

#### - TANGERINES & ORANGES -

Tangerines in Chinese language sound similar to "luck" & orange sounds like the Chinese word for "wealth". Through the play of words, the Chinese is associating the gift of orange & tangerine as having an abundance of happiness & prosperity. They are also being displayed in houses, offices & shops as they believe it will usher in good fortune for the occupants.



# Good Luck!

#### - COINS

Coins are lucky in many ways. Some people say that not just any penny lying on the ground is lucky, but that lucky pennies have to be found face-up. Coins that are bent or have holes in them are luckiest of all, especially if they turn up as change after making a purchase. The luck of such coins is enhanced if they are carried in a left pocket or worn around the neck.



## Good Luck!

- AROWANA FISHris fish is lucky & powerful in fengeful. Arosena symbolizes bod health; property, happiness, wealth & power. If it also believed that keeping arosens fish drives evil spirits & bad enter. Good Juck chamb by this fish comes in the form of ealth & ample opportunities to exect. This fish as get in your quantum can brid a so immerse lask & sources of income quantum can brid as in immerse lask & sources of income.



### Good Luck!

- And sold plant 23p. um (Jao Zi) means midnight or the end 5 the beginning. It's shape resembles that of ancient gold 8 shive injects second moon, 6 symbolicus the hope for a year of planty, ne places, people shift if with come as a taken of good no further than 5 the fact than 2 the state good no for throse who cat them. This is said to ensure good no for throse who cat them.



### Good Luck!

The tandow, a natural phenomenon notes for its beauty & mystical appearance. Some believe that seeing rainbows are signs of good forture & that each time you succeed in somehow catching or see a rainbow or stand by fis arc. It would hereitd are an or great happiness.



## Good Luck!

• RED EGGS •

Dyed red eggs symbolizes happiness and the renewal of life, as well as amounce the admissi of a newborn bibly. Parests are valued to the symbolizes of the decorate eggs to amounce the gender of the baby, an even number of eggs are serie out for a boy.



## Good Luck! JULY 07 -SKY LANTERNS

Sky Lambers is a small half at biolocin made of paper, with an opining at the bottom where a small fire is suspensed. It is considered good with the felse as also justice the foreign people after want to be believed for serious mesons. Many believe they are symbolic of problems & womes floating away.



#### Good Luck! NOVEMBER 11

The came may conceivably be the iddest bet on each: it's powerful wings were believed to convey souls us to paradice & camy people to higher levels of spiritual enlightenment. Over time, the craine has also enclosed as a favoritie publicit of the tradition-origans. It is said this a thousand foliodic craines, one for each year of his file, makes a wish come time.



: 17 x 3 cm

: 7 sheeters

Adv Text Area Pages

#### Good Luck! AUGUST 08 FOUR CLOVER LEAF

- FOUR CLOVER LEAF Four half obsert is popular in Western putures as symbols
of Lock, probably due to the association with ID: Partick's Day,
our-leaf obvers do exist, they just are not an common as the
three-leaf harrier, if you fail not in. Si considered good Lock
Litigend goes that whom Eve hald to leave practices the book
on the leaf observe them to provide the control and
on the leaf observe them to provide the control.



## Good Luck!

The bedoning cat, as it is popularly known, is associated with happiness and forture in the Japanese tradition. While the release shall pare stands for good look and wealth, the release left pare brings in customers, thus, associating the right paw with home, and the left with business.



25 t 26 t 27 t 28 t 29 t 30 t

Advertisement space

Calendar Specification

Calendar Stand : 19 x 21.8 cm Calendar Size : 19 x 17.2 cm Adv Space : 19 x 4.6 cm Adv Text Area : 17 x 3 cm : 7 sheeters **Pages** 







エNTITE COURCE Nature 大き島、自分後民、対点工戶也を上司の管告が信息、株式、即名、富子信息、官僚文司年及其子人的公司。 人的公司、基立的未使党中一不就由宣传、人力不成就と、 Sirrang sense of duly, assidiatous sureness, so work is propular with his tools it prisise and thus (Sealey, Celigoet, complex, pay) desiration to the adversaries of raction and results to the control of the service of raction and results tool, make the person card does.



出生年份 Year of Birth 1950-1962-1974-1986-1998-2010

#### 生肖性格 Zodiac's Nature

独立和自尊心都极强、喜欢单独行动、在太合群、喜 欢他人服从他, 做大哥, 是普通人的维护者。 男子性 络比拟顽固好胜。容易与他人争论;女性比拟仔细, 做每件事情之前都会思索细致缜密,无论在事业上还 是生活上, 都是丈夫的贤内助。

Independence and self-esteem are extremely strong, like to act alone, in social, obey him, like others do eldest brother, is a defender of ordinary people. Men's sexual complex compare stubborn competitive. Easy to debate with others; Women compared carefully, do every thing before thinking careful meticulous, whether in business or in life, all is the wife of her husband.

#### 今年运程 Prospect of the Year

今年远程平順, 财运平平。有喜事发生,例如添 丁、家人结婚、移民成功、留学归来等等。未婚者宜 把握良机,已婚者宜把桃花化为人缘,自然对事业会有

Rather smooth this year, fortune. Have an occasion occurs, such as adding, family, marriage, immigration success, abroad and so on. Singles should grasp the opportunity, married people should put the peach blossom into popularity, and nature would be helpful to the enterprise.



接到性報 Zooda wa Matter 正中、文時、課法者求。課題、比較、物部研究: 第 大、終訴、資金等分配。对工學提出意志、及物學工程 一個不可、有高度的責任易士政之執命、其相今定位 一個不可、有高度的責任易士政之執命、其相今定位 、外租及其衛後表。故執他工、下分件、下今末、平 在遺情報。 但是他们可怜此认识的人息是那一定的 報告性

·福雅·Pospect of the ball 這程序後,人緣性,易有費人之前,對此亦性,尤名是 平皮为明显,皮原胀进去。承接去年之經營,大學是 市下不轉的效成,造就不差。也對近一般而已。此時 源,交安合守己,以深后時,不失妄會則專,宣明另自











集實性整乙disker Nature 多人支票。表现,特先減過形态必要的。 特人或其一种。如我学多高级高水品、被之特別成态。 中心主发于人工工。 传子中等,是能见。 不知 或这些年度全自然。 Homest, warm genite, sincere and benevolent by nature. Tiend to be indecisive at work and but excise and dear-inities. He should be the control hyperic and dear-inities. He should first for homelodge and great love for nature.

今年选程 Prospect of the Year 今年选考专业工作将可出人系统、创出一番事业 来!到选编任、正则收入丰富,但个万不可过 有,摄材园全发票,当密切组高级会工业,或吃 生命,以免商从口入。感情方面尽量至该正让才









## The Games We Played 那些年,我们一起玩的游戏



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7808

## The Food We Love 我们记忆中的味道





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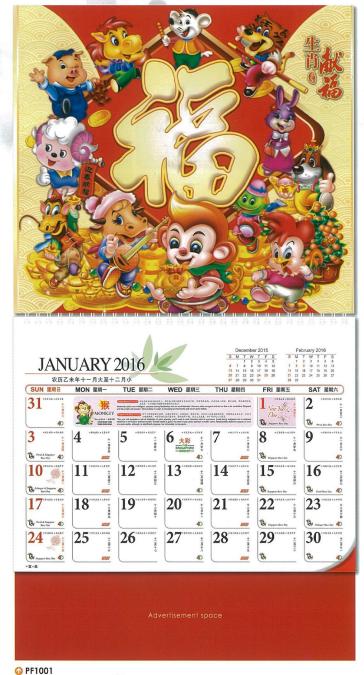








## Pak Fok Calendars 百福月历









O PF1004



O PF1006



O PF1003



PF1005



PF1007

Calendar Size: 37 x 26 cm : 12 sheeters

Adv Space : 37 x 7 cm

Adv Text Area: 25 x 4.5 cm

↑ MPF3501



Calendar Size

Adv Space

Pages

Adv Text Area

: 8.8 x 8.8 cm

: 8.8 x 2.6 cm : 7.5 x 1.8 cm

: 12 sheeters













































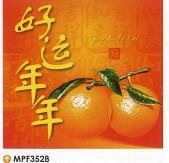


↑ MPF3524











**Horse Racing Calendars** 



Ad Space : 10.2 x 5.4cm

Big- BHRC

Small- SHRC



16K (7" x 10") and 32K (5" x 7")